



LEHIGH VALLEY




For the latest Club Event Information , Call our Message Center

610-218-1500

Or visit our Website:

<http://lehighvalleythunderbirdclub.com>

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LEHIGH VALLEYTHUNDERBIRD CLUB

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THE LEHIGH VALLEY THUNDERBIRD CLUB

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PRESIDENT

Vince Luppino

Officers

Vice President

Tom Hollenbach

610-703-6315

Treasurer

Walt Fries

610-759-4997

Secretary

Barbara Melnyk

610-279-6279

Happy August Fellow Members, I hope everyone is doing well and staying cool during the typical summer heat wave we are presently experiencing. So if you are wondering why we re-issued the THUNDERWORD, it is due to a typo in the President's message. So I want to THANK everyone involved with the planning and execution of the Nazareth Day Car Show! Overall, the show was a very fun time for most and it was well attended. While our Treasurer is still waiting on some invoices, I can tell you:

- 1) We had 68 pre-registered for the show
- 2) We had 102 day of show registrations
- 3) We sold 56 Basket Raffles ticket sheets
- 4) We took and distributed 158 pictures (not everyone attending had a picture taken)
- 5) We sold 50/50 tickets with \$130.00 for the winner.
- 6) We had a total of 162 vehicles on the show field for the day.....8 pre-registered vehicles did not attend
- 7) This show was the first one we took a newspaper ad out for and we had twenty readers attend and take advantage of a \$5.00 Day-of-Show discount.
- 8) So, a very good show for the second post-covid car show with a lot of regulars coming back for the fun! Our next event is Das Awkscht Fescht Car Club Day on Sunday, August 7th. Since we re-issued the newsletter, I can report we had 16 Thunderbirds on the show field with the Club and we saw an additional three Thunderbirds scattered in with their friends in the Ford Club area and one with the Nash Car Club. We did register our club for next year, so I hope to see more of our actual members there with their cars! Several of our present members and several past members who attended did share some thoughts and ideas with Tom and I that we will discuss at our next General Meeting in September. Please Hold the date of Saturday, September 10th at 1:00pm available to attend our next General Meeting. Besides the ideas we want to discuss, we want to discuss some changes to the club as well and get your thoughts. So the summer will be over before you know it, so get out and attend one of the local cruises and have some fun! See you soon,

Vince Luppino LVTC President Luppinov@verizon.net

Board Members

Jerry Engle

(610) 694-0728

Mike Melnyk

(610) 279-6279

Catharine Krasley

(610) 820-5326

Stephen Rivera

(610) 791- 4581

Troy Miller

(610) 416-2219

Dan Pruzinsky

484-934-7719

As a member of our club, your privacy is important to us. We would like to offer all our members a club membership list that would list each member's name, address, phone number and email address along with year and model of Thunderbird.

If you are ok with having your information on the list, sign on line "A":

A: I am ok with having my name on LVTC Membership List :

IF you do not want your information on the club membership list, sign on line "B":

B: I do not want my information on the LVTC Membership List:

Thank You for your support of the Lehigh Valley Thunderbird Club.

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WE ARE A GENERATION THAT WILL NEVER COME BACK.

A generation that walked to school and then walked back.

A generation that did their homework alone to get out asap to play in the street.

A generation that spent all their free time in the streets with their Friends.

A generation that played hide and seek when dark.

A generation that made mud cakes.

A generation that collected sports cards.

A generation that found, collected and washed & Returned empty coke bottles to the local grocery store for 5 cents each , then bought a Mountain Dew and candy bar with the money.

A generation that made paper toys with their bare hands.

A generation who bought vinyl albums to play on record players.

A generation that collected photos and albums of clippings of their life experiences as a Kid.

A generation that played board games and cards on rainy days.

A generation whose TV went off at midnight after playing the National Anthem.

A generation that had parents who were there.

A generation that laughed under the covers in bed so parents didn't know we were still awake.

A generation that is passing and unfortunately it will never return no matter how hard we try.

I loved Growing up when I did. it was the best of times.

For those of you that didn't make it to our NAZARETH DAYS SHOW or did not care, we had 170 registrations This is what the plaques looked like that attendees received





MOPAR MADNESS

OF THE LEHIGH VALLEY

2022 CRUISE NIGHT

TENTATIVE SCHEDULE *

SECOND AND LAST SATURDAYS



>>> **EMMAUS COMMUNITY PARK** <<<
1375 Shimerville Road, Emmaus, PA.



*Dedicated Sponsor of Dream Come True of the Lehigh Valley.
 Donation Total to Date: over \$100,000*

- | | |
|----------------------------|----------------------------|
| APR 9 (4-7 pm) | JUL 30 (5-8 pm) |
| APR 30 (4-7 pm) | AUG 13 (5-8 pm) |
| MAY 14 (5-8 pm) | AUG 27 (5-8 pm) |
| MAY 28 (5-8 pm) | SEP 10 (4-7 pm) |
| JUN 11 (5-8 pm) | SEP 24 (4-7 pm) |
| JUN 25 (5-8 pm) | OCT 8 (3-6 pm) |
| JUL 9 (5-8 pm) | OCT 29 (3-6 pm) |

All makes of cars & trucks are welcome
 Cash donations for chronically and terminally ill children are appreciated!!

Music by Mopar Madness

Cruisers and spectators are welcome! ALL cash donations received at our cruise nights are presented to *Dream Come True*, a local Charity for chronically and terminally ill children.

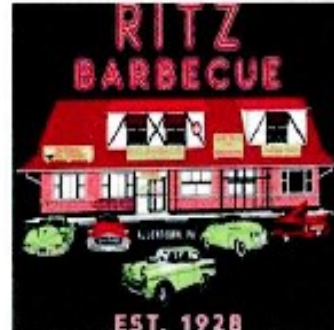
All cruise nights are weather permitting. Check our Facebook Page or website for cancellations. <https://www.facebook.com/Mopar-Madness-of-the-Lehigh-Valley-261564923900904/>

WWW.MOPARMADNESS.ORG

NO HOTRODDING, NO ALCOHOL PERMITTED AT ANY CRUISE EVENT.



**2022
Cruise-in
Season**



Sunday, Sunday, Sunday Ritz Barbeque Cruise-In

Located in The Allentown Fairgrounds 17th & Chew Sts.

ENTER FAIRGROUNDS ON RITZ BARBEQUE SIDE

April 21 1-4 May 8 & 22 4-7 June 12 & 26 5-8

July 10 & 24 5-8 Aug 14 5-8 Sept 11 & 25 3-6

Oct 9 & 23 3-6

**Door Prizes and Specials *Great Food Great Music Great Fun*
Benefits Canine Partners and Mountainview Horse Rescue**

2022 WOT Cruise Nights

August 20, 2022 – 5 pm

September 10, 2022 – 5 pm

October 15, 2022 – 4 pm – **Trunk or Treat! Costume Contest**

Macungie Memorial Park 50 N Poplar St Macungie,
PA 18062

Cruisin' with the Classics

Public Invited

AUGUST

MONDAY 8/01/2022 - North Catasaqua Park, 710 Grove Street, North Catasaqua, Pa. 18032, located between Grove & Arch Streets. **5:30 PM - 8:30 PM**. All classic, custom, collectable car, truck or motorcycle is welcome. Donation accepted at the gate. Door prizes & 50/50 drawing. ***Rain date is the following Monday 08/08***

Contact Info: Marc @ 610-264-9966

SUNDAY 8/14/2022 - Dairy Queen, Rte. 309, Quakertown, Pa. **4:00 PM - 8:00 PM**. All classic, custom, collectable car, truck or motorcycle is welcome. \$1.00 donation per car to be donated to the "Children's Hospital of Phila. (CHOP)". Trophies and 50/50 drawing. Host: Goodtime Motorvators.

Contact Info: George @ 610-395-1558

SUNDAY 08/14/2022 - The Ritz Barbecue, 203 N. 17th St., Allentown, Pa. **5:00 PM – 8:00 PM**. All classic, custom, collectable car, truck or motorcycle is welcome. \$1.00 donation per car to be donated to Canine Partners for Life and other charities. Full food menu available inside, 50/50 drawing and **RITZ PRIZES**. Host: Found in the 60's

Guest DJ is: "T" Bucket Tom

Contact Info: Phil @ 610 504-1472

Come Join the FUN!!!

www.hodgepodgevarietymusic.com

Tentative Numbers from Nazareth Day

50-50		\$	130.00
Basket Raffle		\$	840.00
DAY OF SHOW	102	\$	1925.00
PRE REG	68	\$	2130.00
	170		

Final numbers September Newsletter

46th Annual Collectors Car Show & Flea Market

All makes, models & years are welcome

Sunday, August 14th, 2022

Macungie Memorial Park

50 N Poplar Street, Macungie, PA 18062



DJ Entertainment

Donated by



McCool's
AT THE HISTORIC RED LION INN



Awards for TOP 35 and 15 SPECIAL AWARDS

Show Hours from 10:00am to 3:00pm

Registration from 8am to noon

**RAIN or
SHINE**



Auto & Household Flea Market - 50/50 - Door Prizes

Dash plaques to first 250 cars

Separate class for 1st PA Mustang Club cars

NO 'FOR SALE' SIGNS or
ITEMS on SHOW FIELD

For more info call Dave Barnes at 610-248-9739 or Tom Trenwith at 610-227-5312

First Pennsylvania Mustang Club email: 1stpamustang@gmail.com

Presented by



www.firstpamustang.org

&



\$20 DAY OF SHOW REGISTRATION ONLY

Save Time -Complete below and bring with you!

Please check which section you are registering:

Show Car Registration \$20
 Car Corral Registration (Cars for Sale) _____ # of spaces (**\$20 per space**)
 Flea Market Registration _____ # of 20' x 20' spaces (**\$20 per space**)

Please Print

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

EMAIL: _____

Email address will be used for 1st PA Mustang Club future flyer mailings. It will not be shared or sold.

YEAR: _____ MAKE: _____ MODEL: _____

I agree to abide by all show rules and am solely responsible for my vehicle, personal belongings and merchandise. I agree to hold harmless the 1st PA Mustang Club, The Mustang Club of America, Macungie Memorial Park and Ciocca Ford of Quakertown and their officers, directors, employees and agents from and against any actions, losses, costs, damages, claims and expenses (including attorney's fees) arising from any damage to property or bodily injury to myself, guests or representatives by reason of participating in this car show.

SIGNATURE: _____

Thank you!



Independent Judging



AUGUST

Ruth Engle 8/7

Barbele Aucott 8/9

Joanne Arekelian 8/19

Linda Kenney 7/22

HAPPY

BIRTHDAY

TO YOU

General and BOD Meetings

We are going to hold meetings on Saturdays so our Secretary Barb Melnyk and Board member Mike Melnyk can attend and not have to take time off from work. Which in these times can be devastating.

Das Awkscht Fescht

August 7 2022

We have lost board members, the club just lost another, there are 6 left we normally carry 9. If you feel you do have the time to donate to your club's BOARD of DIRECTORS with a meeting once a month, and you have been a club member for a year or more, man or women it doesn't matter. We need bodies, please contact any officer or board member and they will put the wheels in motion for you to become a member of the board.

2022 Northeast Regional Entry Form

September 23-25, 2022



Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Cell: _____
 email: _____

Please use one form per car entry

Year: _____ Make: _____ Model: _____

EVENT PARTICIPATION

\$125 Weekend package (\$150 value) which includes: \$ _____

1 T-shirt Please circle size: S M L XL XXL XXXL

1 Breakfast (see below to add a guest(s)) Friday Evening Social 1 Tour
 Add guest - Saturday Breakfast \$20 X _____ \$ _____

1 Saturday Evening Program

(Saturday Evening Program only available with full weekend package - see below to add a guest(s))

Add guest - Saturday Evening \$25 X _____ \$ _____

1 Car show entry 1 Mug 1 Dash Plaque for first 100 entries

\$45 - Saturday Tour (1 Breakfast, 1 Tour Entry, 1 lunch & 1 Mug) \$ _____

Add guest - Tour breakfast & lunch \$25 X _____ \$ _____

\$20 - Sunday Car Show (1 Car Entry, Dash Plaque for first 100 entries) \$ _____

EXTRAS

Saturday Tour (no breakfast - lunch & tour only)	\$25	X	_____	\$ _____
Event T-Shirt (SMALL)	\$20	X	_____	\$ _____
Event T-Shirt (MEDIUM)	\$20	X	_____	\$ _____
Event T-Shirt (LARGE)	\$20	X	_____	\$ _____
Event T-Shirt (X-LARGE)	\$20	X	_____	\$ _____
Event T-Shirt (XX-LARGE)	\$20	X	_____	\$ _____
Event T-Shirt (XXX-LARGE)	\$20	X	_____	\$ _____
Event Mug	\$8	X	_____	\$ _____

Make checks payable to:

LEHIGH VALLEY PA REGION SAAC

TOTAL SUBMITTED \$ _____

Mail to:

LEHIGH VALLEY PA REGION SAAC
 Diana L. Duffee
 868 Black Road
 Collegeville, PA 19426-1220
 610-831-0837 - questions

Pre-Registration Deadline - September 20, 2022
No refunds or cancellations after this date.

How many of these things have you done or have you been there ?

Been to Dorney Park ?

Seen Horse Racing at the Allentown Fair Grounds ?

Ride the Roller Coaster at Hershey Park ?

Read Comic Books when you were a kid. ?

Been swimming at Cedar Beach when it was just a sand hole fed by Cedar Creek ?

Been to Drive in Movies at 15th. Street or Union Blvd . Back in the 50's ?

Played the Pin Ball at Dairy Land ?

Saw a Baseball Game at Braden Field?

Do You Remember the name of the Team Allentown C-----

Played all day long still the street lights came on and Mom Or Dad called you to come in?

Swam in a quarry ?

Rode in the back of a pickup truck ?

Picked Strawberries for 25 cents a basket ?

Been to your High School Prom, and the Party afterwards ?

Ate a Steak Sandwich from the Brass Rail Hamilton St.

Been pinched by a Crayfish?

Caught a Snake ?

Have a Best friend that you still have today?

Just a heads up for the LVTC

Christmas Party

Please keep this date open

December 4, 2022

Bay Pony Inn

Harleysville, Pa.

Menu and pricing

And Directions

In a Future

Newsletter



NORTH CATASAUQUA
AUTUMNFEST & CAR SHOW
SUNDAY, OCTOBER 9, 2022

RAIN DATE: SATURDAY OCTOBER 15, 2022

AT NORTH CATASAUQUA PARK
701 GROVE STREET
9:00 AM- 3:30 PM
CARS, TRUCKS,
AND MOTORCYCLES

***1ST 50 CARS REGISTERED GET A PARTICIPATION AWARD**
 (MUST BE PRESENT WITH CAR)

**AWARDS, DOOR PRIZES, DASH PLAQUES (1ST 125 CARS), FOOD, LIVE
 MUSIC, CRAFT & FLEA MARKET**

TOYS FOR TOTS will be having a toy drop or you may want to
make a monetary donation to help a child this holiday season.

REGISTRATION FORM

PLEASE PRINT CLEARLY

Registration closes at 12:30

PRE-REGISTRATION- \$12.00 BY 10/2/22 *DAY OF SHOW \$15.00

MAKE CHECKS PAYABLE TO: NORTH CATASAUQUA BETTERMENT COMMITTEE

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

MAKE _____ MODEL _____ YEAR _____

MAIL TO: NORTH CATASAUQUA BETTERMENT COMMITTEE

C/O MARC'S AUTO

423 ARCH STREET

NORTH CATASAUQUA, PA 18032

PHONE: 484-560-1938

SHIRT SIZE _____

*E-MAIL ADDRESS _____ (PRINT CLEARLY)

DUE TO POSTAGE COST WE WILL NOT BE MAILING FLYERS. THEY WILL BE AVAILABLE AT
 NORTH CATASAUQUA BOROUGH HALL OR MARC'S AUTO OR WE WILL E-MAIL IT TO YOU.



MENTAL ATTITUDE:

The Mediterranean diet focuses on fruits, vegetables, whole grains, legumes, nuts, healthy fats (such as olive oil), and lean sources of protein such as fish and poultry. In addition to improved heart health, studies show that the Mediterranean diet may also protect against cognitive decline and neurodegenerative diseases such as Parkinson's disease.

CHIROPRACTIC:

A recent study investigated the effects of spinal manipulation of the lumbar and sacroiliac joints in twenty patients with lumbar disk herniation combined with lack of sacroiliac motion (hypomobility). The patients received five spinal manipulations over a two-week period, which led to significant improvements in back and leg pain that persisted up to one month following their final treatment. The results show that spinal manipulation can be beneficial in the management of pain and functional disability in patients with lumbar disk herniation and concomitant SIJ hypomobility.

DIET

In atherosclerosis, a protein called apolipoprotein A-1 (apoA-1) sticks to plaques and makes them larger, which further restricts blood flow. In a new study, researchers discovered that a compound found in green tea called epigallocatechin-3-gallate (EGCG) can break down apoA-1, potentially improving blood flow.

EXERCISE

After reviewing survey data and death records from

individuals in both England and Scotland, researchers report that walking speed may predict one's risk for an early death. In particular, the research team observed that slow walkers are 20-24% more likely to suffer an early death from any cause than those who walk at either an average or swift pace. Researcher Dr. Emmanuel Stamatakis adds, "These analyses suggest that increasing walking pace may be a straightforward way for people to improve heart health and risk for premature mortality."

GET VACCINATED

Immunizations are NOT just for kids! Regardless of your age, we ALL need immunizations to help keep us healthy. Vaccines reduce the risk of infection by working with the body's natural defenses to help it safely develop immunity to disease. Take a few minutes to protect yourself and others from diseases.

- Keep track of your and your family's vaccinations as they're received.
- Make an appointment with your and your family's doctor to make sure vaccinations stay up to date.

WEAR A LIFE JACKET

Recreational boating can be a wonderful way to spend time with family and friends. And making safety a priority can ensure that boating stays fun. If you plan to ride in a boat, canoe, or other water vehicle, take a minute to protect yourself and others from drowning.

- Put on a U.S. Coast Guard-approved life jacket. Make sure all passengers put on a life jacket, regardless of distance to be traveled, size of boat, or swimming ability of boaters.
- Do not use air-filled or foam toys, such as water wings, noodles, or inner tubes, in place of life jackets. These toys are not designed to keep swimmers safe.
- Don't drink. Alcohol is involved in about a third of all recreational and boating fatalities.

BE PREPARED

Taking preparedness actions helps people deal with disasters of all sorts much more effectively when see

Health Tips

they do occur. If disaster strikes your community, you might not have access to food, water, or electricity for some time. By taking time now to prepare emergency [water supplies](#), [food supplies](#) and a [disaster supplies kit](#), you can provide for your entire family. And don't forget to take your pets and service animals into account! Take a few minutes to answer these questions:

Do you have an emergency supply kit that includes water, food, medicines, and first aid items for all members of your family, including pets?
Do you have an emergency plan, and do you practice it with your family regularly?
Do you know what to expect in an emergency regarding physical damage, coping, and next steps?

From experience here in earthquake county, I know 90% of the population will not be ready for an emergency. So here are a few pointers.

During an earthquake

Indoors: Get away from windows & under a desk, sturdy table, stand in the corner or lie on the floor next to a bed or couch.

Outdoors: Get to an open area way from trees, poles, building, and wires or off of bridges and squat down.

High rise: Get away from windows & under a desk or sturdy table. Do not use elevators, go to the stairwells.

Driving: Pullover & stop, avoid bridges, wires or overpasses.

A crowded area: Stop squat down cover your head, do not run to an exit.

Make a disaster kit.
(Works well for earthquakes)

Water. Enough so each person has a gallon a day for 72 hours, preferably one week. Store in airtight containers and replace it every six months. Store disinfectants such as iodine tablets or chlorine bleach, eight drops per gallon, to purify water if

necessary. Remember your water heater holds 40 gallons or more.

First aid kit. Make sure it's well-stocked with bandages and disinfectants.

Fire extinguisher. Your fire extinguisher should be suitable for all types of fires. Teach all family members how to use it.

Flashlights with extra batteries. Keep flashlights beside your bed and in several other locations. DO NOT use matches or candles after an earthquake unless you are certain there are no gas leaks.

Food. Enough for 72 hours, preferably one week. Commercially canned food will last for 3 years or more. Never eat canned food that the top is bulged out.

Portable radio with extra batteries. Most telephones will be out of order or limited to emergency use. The radio will be your best source of information.

Extra blankets, clothing, shoes, and money. Make a copy of your driver's licenses and birth certificates as well.

Alternate cooking sources. Store a barbecue or camping stove for outdoor camping. CAUTION: Ensure there are no gas leaks before you use any kind of fire, and do not use charcoal indoors.

Special items. Have at least a week's supply of medications and food for infants and those with special needs. Don't forget pet food.

Tools. Have an adjustable or pipe wrench for turning off gas and water.

WORK SAFELY

Take a few minutes to pay attention to your health and safety at your place of work. Some jobs require extra

Health Tips

protection. All jobs can benefit by having a healthier workforce.

- Put on protective clothing and equipment to protect your eyes, ears, and skin.
- Take brief rest breaks throughout the day to help lower stress and strain on the eyes and muscles.
- Eat healthy meals and snacks.
- Educate yourself about health and safety.

SWIMMING

Swimming is a fun, active, and healthy way to spend leisure time. Take a few minutes to keep health and safety in mind to help prevent illness and injury.

- Ask a buddy to join you when swimming so you don't swim alone.
- Choose swimming sites that have lifeguards.
- Avoid drinking alcohol before and during swimming.
- Don't swallow pool water.
- Don't swim when you have diarrhea. Germs can spread in the water and make other people sick.
- Take a shower and wash your child before swimming.
- Take your kids on bathroom breaks every 60 minutes, or check diapers every 30-60 minutes.
- Change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- Wash your hands after using the toilet or changing diapers before getting in the pool.
- Watch children in and around water at all times.
- Make sure to keep your ears as dry as possible to help prevent swimmer's ear.

GOING TO THE BEACH

Packing for a trip to the beach or lake?

- Keep food safe by making sure your cooler stays cold enough during the drive. Block ice keeps food colder than cubes.
- Plastic bottles filled with water and kept in the freezer overnight work well, too. Remember

that a full cooler stays cold longer than one that's partially filled.

- Be sure to keep frozen meat and poultry securely wrapped and away from produce or snacks.
- Protect your skin with a good quality sun screen lotion.
- Bring a good beach umbrella, one you can stick in the sand.
- Beach blanket and beach towel.
- Shark repellent.
- Hand wipes, sun glasses.

ERASE BACK PAIN

- The next time you hurt your back, don't reach for the ibuprofen or ask for a prescription painkiller. A new study published in the *Journal of the American Medical Association* concludes you can get on your feet again with the simple, effective, drug-free therapy of spinal manipulation. In chiropractic spinal manipulation therapy, a doctor of chiropractic applies specific forces to your spine to align your vertebrae correctly, thereby improving mobility and reducing pain. In this study, patients with less than six weeks occurrence of low-back pain used a 100-point scale to rate their pain.

Patients treated with spinal manipulation felt that their pain improved by an average of 10 points. In addition, they moved through their day with less overall pain than people who didn't receive the therapy.

DITCH THE DRUGS

Recent guidelines from the American College of Physicians suggest that spinal manipulation and other therapies like acupuncture and massage should be tried before over-the-counter medications like ibuprofen or naproxen. And, with their risk of addiction, prescription painkillers are also strongly discouraged. While spinal manipulation is safe and effective, there is no evidence it has any serious adverse effects. Minor side effects, like soreness, are generally transient.

TECH TIPS

Excerpt from the National Highway Traffic Safety Association

The nylon in the belt webbing after ten years of sitting in the car baking in the heat and being attacked by sunlight has shown significant deterioration. The UV wave that comes through the windows attacks the nylon webbing, weakening it. Seatbelt material can degrade with time with UV light, ozone, acids or alkalis, etc. Seatbelts that have stiffened over time should not be used in any case. In ordinary passenger car applications, the extended use wear and tare could present an unusual risk. Using harsh chemicals to clean the webbing is not recommended and, in most cases, can cause permanent damage to the Nylon webbing. It should be noted the use any form of bristle brush to clean the webbing will also decrease the life expectancy of the webbing.

Article by: Ashley Swatton, UK October 21, 2008

Buckle Up!

Seat Belts Save Lives - But only if they are in good condition! We have commissioned leading UK manufacturer, Securon to produce a range of specific seatbelts to replace and upgrade the often-worn stock items. Safety first. Absolutely!

In an accident a seat belt becomes a life saver. It restrains the wearer and absorbs enormous energy levels. But wear & tear and abuse all cause the seat belt to deteriorate. It can be caught in doors, trapped under or behind seats, chewed by dogs (or kids!) and misused in many ways. Resulting holes, cuts, fraying or fluffing all weaken the belt - by up to 70% - or obstruct its operation, or cause slackness. The impact in an accident reduces the effectiveness of the belt because it permanently elongates the webbing - by as much as 13%. Following this elongation, the wearer's body would take the full shock load in subsequent accidents - approximately equal to the weight of a three ton elephant against the belt!

Other parts of the belts become stressed too. They are not always visible. In all cases the complete seat belt must be replaced - but never with a second-hand one. It could mean the difference between life and death. Finding out that your seat belt doesn't protect you when you have an accident is too late! It's common sense if you think about it, everyone knows regular checks are vital on the safety-related parts of a vehicle like brakes and tires - and seat belts are no different!

Ensure maximum protection in an accident with this detailed check list, devised by vehicle safety specialists at RoSPA, and our team at Securon, if you see any of these. It's time to treat yourself to some new belts!

Look For These Danger Signs

Webbing: Check webbing and stitching for deterioration, especially:

- Nicks, cuts, or holes

Frayed or fluffed webbing:

- Frayed, insecure, incomplete, or repaired stitching

Buckle and Connection to the Vehicle:

- Check buckle is not damaged. Test security and operation by connecting the buckle and tongue, then try to pull apart; while pulling, press button to ensure release. Check for weakness in connection to vehicle. Waggle flexible stalks and listen for clicking sounds which indicate broken cable strands.

Fittings and Adjusters:

- Check condition, especially for fractures and deterioration, and operation. Most importantly of all, make sure you wear it! It's amazing how many people still don't bother to wear their seat belt, don't risk it. Buckle Up!

Ssnake Oyl is one restoration company exclusively for seat belts. Phone 800-284-7777. Website: <http://www.ssnake-oyl.com/> They are in Texas and specialize in restoring seat belts. They can re-web or do a complete restoration - re-chrome, new moving parts, etc...

AUGUST 2022



Tom Hollenbach Vince Luppino
Co—Editors